

# LUNCH

SATURDAY, OCTOBER 20, 2018

## HONEY STUNG BREADED DRUMMIES



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
211	460mg	13g	15g	6g	70mg	0g

## RAVIOLI



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
335	900mg	9g	16g	38g	25mg	4g

## CHEESE RAVIOLI

4 pcs



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
136	620mg	6g	4g	19g	24mg	2g

## LENTIL & 5-VEGETABLE STEW



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
117	285mg	7g	1g	20g	0mg	8g

